

INDIVIDUAL DRIBBLING SKILLS

EFFICIENT OFFENSIVE FOOTWORK

CORRECT SHOOTING FORM

SHOOTING OFF THE DRIBBLE

SHOT PREPARATION, SHOT SPEED & BALANCE

Mike Felt was a four year starter at Redwood Valley High School in Redwood Falls, MN. In his junior and senior years he averaged 30 points per game. As a junior he recorded a career high 56 points. He ended his high school career with 2,450 points and 338 3-point field goals, placing him in the MN state record books.



His basketball career continued at North Dakota State University. While playing during some of the top seasons at NDSU, Mike made 244 3-point field goals. As a sophomore he was ranked 14th in the nation for 3-point shooting percentage at 43.1%. For his career, he shot 83% from the free throw line, 40% from 3-point range and 40% overall. In the last 5 summers Mike has helped over 2,100 athletes gain a competitive edge on their competition.

This camp provides players with

the drills and skills it takes to develop a great offensive skill set.

This camp strives to make practice and skill training as game like as possible. We utilize specific equipment, movements and drills to maximize each player's offensive performance on the court. Our objective is to show players how to be efficient and effective during their time in the gym. We hope to help players become the offensive threat that their team needs in the upcoming season.

MIKEFELTHCSC@GMAIL.COM

MIKEFELT.WIXSITE.COM| HEATCHECKTIME

| | © HEAT | CHEC | KTIME |
|---|---|--------|-------|
| | COST: | TIMES: | |
| | WHO: | PLACE: | |
| ľ | PLEASE RETURN THIS PORTION | ON TO | BY |
| | Each player will receive a "Mike Felt Heat Check Shooting Camp" shirt at the beginning of the camp only if this form is turned in by the date above. This form MUST be turned in by this date in order or receive a t-shirt. Players who do not meet this deadline will not eceive a t-shirt. | | |
| | Player Name | | |
| | Emergency Contact | Pho | one # |
| | Waiver of Liability (must be signed) - By my signature below, I hereby waive and release Michael Felt and the Mike Felt Heat Check Shooting Camp staff from any and all liability for illnesses and injuries resulting from my child's participation in the Mike Felt Heat Check Shooting Camp. I certify that my child has no pre-existing mental or physical conditions which would limit my child's participation in any way. If or for any reason it appears that my child needs medical attention. I grant permission for him/her to be referred at the discretion | | |

of the instructor Michael Felt and of other Mike Felt Heat Check Shooting Camp staff for prompt and appropriate medical treatment, including transportation for

illness or injury while attending the camp. I further understand the camp retains

the right to use, for publicity or advertising purposes, photographs and videos of

Parent/Guardian Signature

Date i

treatment. I will pay, or cover through my insurance, any medical or hospital

expenses, doctor bills, or other expenses that could be incurred as a result of

campers taken at camp.

Parent/Guardian Name